



# Alpha Kappa Alpha Sorority, Inc.

Theta Mu Omega Chapter

Alpha Kappa Alpha Sorority, Inc.  
Theta Mu Omega Chapter  
**A.S.C.E.N.D**  
**Youth Enrichment Program**

**YOUTH INITIATIVE**

1. Designed for Males and Females
2. Grades 9 - 12
3. Academic Enrichment
4. Lifestyle support
5. Educational and Occupational info
6. Mentoring

AND MUCH MORE!

**ASCEND**

- \*Achievement
- \*Self-Awareness
- \*Communication
- \*Engagement
- \*NetWorking
- \*Developmental Skills

With an emphasis on STEAM

**Now Accepting Applications**

**ascendtmo@gmail.com**  
**(424) 258-5357**

**Meeting location**  
**Los Angeles Southwest College**  
**1600 W. Imperial Hwy**  
**Los Angeles, Ca 90047**

**ASCEND**

Once a month meeting  
1pm-4pm

October 8, 2017  
November 5, 2017  
December 3, 2017  
January 15, 2018  
February 4, 2018  
March 4, 2018  
April 8, 2018  
May 6, 2018

Achievement Self-Awareness Communication Engagement NetWorking Developmental Skills  
With an Emphasis on **SMART** (Science, Math and Related Technologies)



# Alpha Kappa Alpha Sorority, Inc.

## Theta Mu Omega Chapter

### ASCEND Signature Program

#### Application Package – Cohort IV

**Males and Females are encouraged to apply**

Email completed application to [ascendtmo@gmail.com](mailto:ascendtmo@gmail.com) or mail application to  
Alpha Kappa Alpha Sorority, Inc. ASCEND Program PO Box 452563 Los Angeles CA 90045  
Contact information (424) 258-5357 or [ascendtmo@gmail.com](mailto:ascendtmo@gmail.com)

*All meetings are on the Campus of Los Angeles Southwest Community College, 1600 W. Imperial Hwy. LA, CA 90047*

<b>October 8, 2017</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Program Kick off</li> <li>2. Pre-Assessment</li> <li>3. Introduction of ASCEND Cohort II participants</li> <li>4. Overview Colleges             <ol style="list-style-type: none"> <li>a. HBCU's</li> <li>b. Local area colleges – 2 year and 4 year</li> </ol> </li> <li>5. Public and Private Colleges</li> <li>6. Searching and applying for Scholarships</li> <li>7. Writing a Resume, Cover Letter or Scholarship Essay</li> </ol>	<b>February 4, 2018</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. Presentation and Speech Writing Skills STEM careers <i>continued</i></li> <li>3. Agriculture, Food &amp; Natural Resources and Architecture &amp; Construction Careers</li> <li>4. Financial Aid Workshop – Completing the FAFSA</li> </ol>
<b>November 5, 2017</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. Tips to Test-Taking (Skills Development) – PSAT, SAT or ACT &amp; General Study Skills</li> <li>3. STEM careers</li> <li>4. Arts, A/V Technology &amp; Communications, Business, Management &amp; Administration Careers</li> </ol>	<b>March 4, 2018</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. Fiscal Fitness Activities and building your first budget</li> <li>3. Review Keys to College Success – Time Management</li> <li>4. Dressing for Success – mock interviews (attire, hygiene, personal grooming)</li> <li>5. How to Prepare to Rock the Interview and Get the Job or Second Interview</li> </ol>
<b>December 3, 2017</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. STEM careers <i>continued</i></li> <li>3. Manufacturing and Marketing Careers; Government &amp; Public Administration Planning and Health Science Careers, Technology and Law, Public Safety, Corrections &amp; Security Careers</li> <li>4. Holiday Party</li> </ol>	<b>April 8, 2018</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. UN Model</li> </ol>
<b>January 15, 2018</b> (10:30am to 1pm) <p>MLK Community Service activity</p>	<b>May 6, 2018</b> (1pm to 4pm) <ol style="list-style-type: none"> <li>1. Team Building activity/Icebreaker</li> <li>2. Etiquette workshop</li> <li>3. Post-Assessment</li> <li>4. Program conclusion celebration and graduation</li> </ol>



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### ASCEND<sup>SM</sup> Application Packet

#### Program Overview

Throughout Alpha Kappa Alpha Sorority, Incorporated's 106 year history, education- and youth-focused program initiatives have been at the forefront of the sorority's service mission. During 2014-2018, this legacy of service will place new emphasis on the importance of coaching and preparing young people for life after high school. During this time, Alpha Kappa Alpha Sorority, Incorporated will expand its enrichment programs into high schools among female and male students through the signature program - ASCEND<sup>SM</sup>. ASCEND<sup>SM</sup> stands for **A**chievement, **S**elf-Awareness, **C**ommunications, **E**ngagement, **N**etworking and **D**evelopment Skills. This college and career readiness program will focus on providing students in grades 9-12 with life, academic, career and character-building skills.

Alpha Kappa Alpha Sorority, Incorporated members will serve as coaches and engage with students to enhance academic enrichment and life skills, leading to meaningful post-secondary work and college careers. Coaches will provide academic and emotional support through group and one-on-one activities. Activities include life skills, team-building, college and career exploration focusing on SMART careers, time and stress management skills, community engagement, academic assistance and cultural-specific programs. This program will promote positive behavior and outcomes for students.

#### Program Criteria

- The program is open to high school female and male students in grades 9-12.
- Applicants must be currently enrolled in grades 9-12 and in good standing.
- Applicants must maintain a C grade point average.
- Applicants must submit a letter of recommendation from a counselor, teacher, or community leader.
- Applicants should submit a typed personal statement (not to exceed 500 words) that articulates why he or she wants to join ASCEND<sup>SM</sup>.
- Applicants must agree to follow the guidelines outlined in the Code of Conduct while participating in the program.
- Applicants must submit a completed parental consent form, signed by the parent/legal guardian and the student.

#### Programs Goals

- Address the current challenges faced by students as they prepare to transition from high school to college life or the world of work.
- Promote achievement among high school students leading to meaningful post-secondary work and careers.
- Empower students to realize their full potential by connecting with positive coaches to provide guidance, instill self-confidence and provide career direction and encouragement toward their future career path.



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### ASCEND<sup>SM</sup> Application Packet

#### ASCEND<sup>SM</sup> Program Student Application Form

##### Applicant Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth (mm/dd/yy) \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

Grade Level: \_\_\_\_9<sup>th</sup>Grade(Freshman) \_\_\_\_10<sup>th</sup>Grade(Sophomore) \_\_\_\_11<sup>th</sup>Grade(Junior) \_\_\_\_12<sup>th</sup>Grade(Senior)

High School Name \_\_\_\_\_

High School Address \_\_\_\_\_

Current GPA (if applicable) \_\_\_\_\_ Cumulative GPA \_\_\_\_\_

Career Interest (check all that apply):

\_\_\_\_ Agriculture, Food & Natural Resources

\_\_\_\_ Human Services (e.g., Social Work, Counseling)

\_\_\_\_ Architecture & Construction

\_\_\_\_ Information technology

\_\_\_\_ Arts

\_\_\_\_ Law, Public Safety, Corrections & Security

\_\_\_\_ Audio/Visual Technology

\_\_\_\_ Management & Administrative

\_\_\_\_ Communications

\_\_\_\_ Manufacturing

\_\_\_\_ Business

\_\_\_\_ Marketing

\_\_\_\_ Education & Training

\_\_\_\_ Military Services (e.g., Army, Coast Guard, Marine, Navy or Reserves)

\_\_\_\_ Finance Planning

\_\_\_\_ Science Technology Engineering & Math (STEM)

\_\_\_\_ Government & Public Administration Planning

\_\_\_\_ Transportation distribution & Logistics

\_\_\_\_ Health Science (Medicine, Dentistry, Nursing, Pharmacy) \_\_\_\_ Vocational Trade (e.g., Automotive, Construction, Industrial, Technician)

\_\_\_\_ Hospitality & Tourism

\_\_\_\_ Other

##### Parental/Legal Guardian Information

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

##### Emergency Contacts

Name \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_



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#### Parental Consent & Responsibility

As the parent or legal guardian of \_\_\_\_\_ (hereinafter to as “she” or her” or “his” ), I hereby certify and affirm the following:

1. I am legally entitled to give consent for her/his participation in the ASCEND<sup>SM</sup> program.
2. I acknowledge that she/ he will be enrolled in 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, or 12<sup>th</sup> grade and a student in a good academic standing with a cumulative minimum average of a “C” or its equivalent (new applicants must be matriculating in 9<sup>th</sup>-12<sup>th</sup> grade at the time of participation). Students with less than a “C” average will be placed on probation and must show improvements to remain in the program.
3. I am aware that upon application to the ASCEND<sup>SM</sup> program, I must provide a copy of her/his most recent grade report.
4. I understand that program membership may be revoked after three unexcused absences from meetings and activities within an academic year and I must notify the ASCEND<sup>SM</sup> program personnel of any absence.
5. I understand that her/his personal and private information will not be shared with any individuals, agencies, or institutions without my written consent.
6. I understand that she/he will be involved with workshops and activities that seek to prepare her/him for career and/or college which will also include community service and cultural enrichment activities.
7. I understand that it is my responsibility to make sure that she/he is present at all program activities.
8. I authorize permission for her/him to attend all sanctioned enrichment and cultural excursions that are offsite from the regular meeting place.
9. I understand that guests (i.e., younger siblings, friends, un-enrolled students) should not be brought to the meetings or activities without prior consent or knowledge of the ASCEND<sup>SM</sup> program personnel.
10. I understand that her/his admission and participant in the program is voluntary and may be terminated by any party of this agreement at any time.
11. I authorize the ASCEND<sup>SM</sup> program personnel to transport her/him (or arrange transportation) to a hospital or medical facility in the event that I cannot be reached and authorize consent to examination, care and treatment as deemed necessary by a licensed physician or dentist.
12. I understand that she/he may be photographed or videotaped during the program meetings and activities and give my consent for use of such images by Alpha Kappa Alpha Sorority, Incorporated and the ASCEND<sup>SM</sup> program personnel in print or electronic media used to promote the program.
13. I understand that as the parent or legal guardian, I may be called upon to attend a mandatory parental orientation, Periodic meetings and program activities. In the event I cannot attend, I agree to send an adult representative in my place.
14. I relieve Alpha Kappa Alpha Sorority, Incorporated and ASCEND<sup>SM</sup> program personnel from any liability that may arise during her/his involvement in the ASCEND<sup>SM</sup> program meetings and activities.
15. I understand that this form will be kept on file by Alpha Kappa Alpha Sorority, Incorporated and the ASCEND<sup>SM</sup> program personnel.
16. Termination of a student’s involvement in ASCEND<sup>SM</sup> will be in writing.

By affixing my signature below, I certify that I have read all of the above information and agree with the provisions and my role and responsibilities.

\_\_\_\_\_  
Parent/Legal Guardian Printed Name

\_\_\_\_\_  
Relationship to Applicant/Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Contact Number

\_\_\_\_\_  
Email